

# Building Your Team Coaching Playbook

LEADING THROUGH COACHING COLLECTION



## 1 Week Experience

Leaders often focus on helping individual team members get work done, but they can increase their team's impact exponentially by empowering them to work together. Leaders who leverage a coaching approach to facilitate team interdependence can amplify the capacity and productivity of the entire team.

In this experience, participants will learn to become effective team coaches. They will gain the tools needed to rethink team roles, accelerate learning, and foster relationship building that allows for productive conversations and problem-solving. By shifting their mindset and improving team dynamics, leaders can ensure team synergy and maximize their team's impact and efficiency in achieving its goals.

### Key Learnings

- How to Shift Your Mindset to Become an Effective Team Coach
- Understanding and Leveraging Team Strengths
- How to Accelerate Team Learning and Adaptation
- Building the Relational Platform for Success

### Assignment Details: Create An Action Plan

- Select a current team undertaking and identify areas for improved team dynamics, relationships, and results
- Identify opportunities to improve team synergy using work as a "practice field"
- Plan steps to create structure for continuous improvement

**Estimated Time Commitment: 2.5–3 hours**

Faculty Video Lectures: 30 Minutes

Create Action Plan: 75–90 Minutes

Interactive Activities: 45–60 Minutes

### Faculty Director: Sanyin Siang, MBA



SANYIN SIANG

Sanyin Siang is the Founder & Executive Director of the Fuqua Coach K Center on Leadership & Ethics. Sanyin's experience in strategic planning, partnerships, and coaching has helped organizations and c-suite executives identify gaps and lead effectively in a rapidly changing marketplace. She works with and coaches top generals, Olympians, Fortune 500 CEOs, and tech startup founders. Sanyin is the Thinkers50 award winner for Coaching & Mentoring.